



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER POOL SCHEDULE

E.R. VAN ZANDT SOUTHWEST YMCA

Important Dates:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Splash Day: May 28, 2-4p.	Lap Swim (8:00-9:30a)	Lap Swim (8:00-9:30a)	Lap Swim (8:00-9:30a)	Lap Swim (8:00-9:30a)			
Opening Day: May 28 th	Swim Lessons (9:30-12:00p)	Swim Lessons (9:30-12:00p)	Swim Lessons (9:30-12:00p)	Swim Lessons (9:30-12:00p)	Swim Lessons Make-up if needed (9:30-12:00p)	Swim Lessons (10:00-11:45p)	
Memorial Day Hours: 12-5p	Water Aerobics (12:00-1:00p)	Family Swim (12-2:00p)	Water Aerobics (12:00-1:00p)	Family Swim (12-2:00p)	Water Aerobics (12:00-1:00p)	Family Swim (12-2:00p)	
Open Weekends ONLY May 31 – June 3 rd . AND August 18 – Labor Day.	Family Swim (1-2:00p)		Family Swim (1-2:00p)		Family Swim (1-2:00p)		Family Swim (1-2:00p)
	Community Swim (2-4:00p)	Community Swim (2-4:00p)	Community Swim (2-4:00p)	Community Swim (2-4:00p)	Community Swim (2-4:00p)	Community Swim (2-4:00p)	Community Swim (2-4:00p)
	Swim Lessons (4-7:30p)	Swim Lessons (4-7:30p)	Swim Lessons (4-7:30p)	Swim Lessons (4-7:30p)	Swim Lessons Make-up if needed (4-7:30p)	Family Swim (4-5:00p)	Family Swim (4-5:00p)
					Family Swim (4:00-8:00p) (Unless make up swim lessons needed)	Pool Closes at 5:00p	Pool Closes at 5:00p
	Family Swim (7:35-9:00p)	Family Swim (7:35-9:00p)	Pool Closes at 8:00p	Family Swim (7:35-9:00p)			
					Pool Closes at 8:00p		
	Pool Closes at 9:00p	Pool Closes at 9:00p		Pool Closes at 9:00p			



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Pool Rules

1. All members and guests must shower off before entering the swimming pool or spa.
 2. No glass, gum, food, or drinks (other than water) are allowed in the pool area.
 3. Only coast guard approved PFD's (personal flotation device) are allowed.
 4. No running on the pool deck.
 5. No diving in the pool.
 6. No swimming allowed unless lifeguard is on duty.
 7. Appropriate swim attire required. No cutoffs, denim, undergarments, or gym shorts allowed in the pool.
 8. All children not toilet trained are required to wear swim diapers.
 - 9. For the safety of our members and guests, we will require all children under the age of 14 to successfully pass a swim test before they are allowed to swim in deep water.**
 - a. Children that do not pass the swim test must always be within arm's length of an actively involved adult caregiver who is in the water with the child, or be wearing a properly fitted USCG approved personal flotation device (PFD).**
 - b. If the child can stand with their entire head and chin out of the water at any spot of the shallow area, a floatation device or caregiver involvement is not required.**
 10. Alcohol, smoking, and/or the use of chewing tobacco are not allowed on YMCA premises.
- LIFEGUARD HAS FULL AUTHORITY IN ENFORCING POOL AND SPA RULES
 - FALIURE TO FOLLOW THE RULES WILL RESULT IN REMOVAL FROM THE POOL

E.R. Van Zandt Southwest YMCA

4750 Barwick Dr. Fort Worth, TX 76132

P 817 292 9612 **F** 817 370 2352 www.southwestymcafw.org